## **CO**MPUTATIONAL **MET**HODS FOR MECHANO-CHEMO-BIOLOGICAL MECHANISMS IN **A**RTERIES



Michele Marino – <u>m.marino@ing.uniroma2.it</u>



Cardiovascular diseases (CVDs) are the leading cause of deaths worldwide, causing 3.9 million deaths in Europe, i.e. 45% of all deaths, and over 1.8 million deaths in the European Union (EU), i.e. 37% of all deaths. Nowadays, CVDs are estimated to cost the EU economy  $\in$  210 billion a year and these costs are prone to increase with the ageing of the population. Therefore, **novel engineering approaches for personalized medicine arise as urgent needs**.

A major role in the aetiology of CVDs is played by the imbalance of cascades of biochemical reactions involved in cell-cell signalling pathways. The imbalance of these pathways leads to non-physiological concentrations of molecules in tissues. In turn, over- or under-production of active molecules, such as growth factors or enzymes, determine non-functional growth and remodelling (G&R) of tissue constituents. Therefore, **chemo-biological** mechanisms highly affect the **mechanics** of cardiovascular tissues in terms of stiffness, strength and anisotropic properties. In turn, tissue stresses and strains pave the way to biochemical reactions, closing the loop of a refined feedback control system.

Computational approaches have reached limited results in the understanding of the aetiology of CVDs diseases, since reliable only in terms of mechanical quantities (i.e., stresses and strains) in biological structures at a given pathological state. As a consequence, *in silico* analyses are nowadays far from being used in medical research and clinical practice. The term "digital twin" in a biomechanical context is indeed abused, since current approaches do not manage to reproduce the living properties of biological structures. In this context, **COMETA** is motivated by the high need for **renewing the perspective of** *in silico* **approaches** in biomechanics, which are to-date not effective in accounting for coupled mechano-chemo-biological effects. **COMETA** will contribute in shedding a light on **how arteries evolve in health and disease.** 

Challenges are related to the need of coupling very different physical mechanisms, as well as length and time scales:

- (i) loads affecting the mechanics of arteries (millimetres) vary with the cardiac cycle (seconds);
- (*ii*) the **biochemical environment**, determined by inter-cellular molecular diffusion (micrometres), reaches the steady-state within hours;
- *(iii)* **biological mechanisms in G&R** occur within several days and affect arterial geometry (millimetres), histological features (micrometres) and molecular properties (nanometres).







Michele Marino – <u>m.marino@ing.uniroma2.it</u>



- Funded by Minister of Education, University and Research
- Rita Levi Montalcini Program for Young Researchers
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## Michele MARINO

Assistant Professor - Rita Levi Montalcini tenure-track Professorship

Department of Civil Engineering and Computer Science University of Rome Tor Vergata Via del Politecnico 1,00133 Rome, Italy

Tel: +39 (0)6 7259 7045 – Room: 029



ORCID 0000-0002-4323-3061

e-mail: m.marino@ing.uniroma2.it

Michele Marino – <u>m.marino@ing.uniroma2.it</u>



